BODYESTEEM
Low
1
effect
1a
Accept
2
effect
2a
OTHERS
Reject
3
effect
3a
High
8
effect
8a
Physical
4
effect
4a
Inwardly
7
effect
7a
DIVERSITY
Appearance
5
effect
5a
Outwardly
6
effect
6a
YOURSELF
outcome
b
outcome
b
outcome
b
outcome
b